

*Welcome to*  
Olde Towne  
Nutrition



*Step 2:*

**Pick Your Tea**

*Step 1:*

**Pick Your Shake**



**Add A**  **Shot**

# Teas



## Add-Ons

### BEAUTY BOMBS

Supports Hair, Skin &  
Nails  
Active Probiotic

### LOAD IT!

Enhanced Hydration  
Increase Bloodflow  
No Added Caffeine

### PROTEIN COFFEE

Vanilla  
Mocha  
Smores  
Caramel

### PROTEIN KOOLAID

Mixed Berry  
Peach Mango

### ENERGY TEAS

Rainforest  
Nerds  
Citrus Twist  
Pixie Stix  
Peach Ring  
Purple Sweet Tart  
Cherry Limeade  
Watermelon Margarita  
Prickly Pear Lemonade  
Bikini Bottom  
Miami Vice  
Spring Breaker

### FIZZY TEAS

Shirley Temple  
Grape Crush  
Ocean Water

### BAD & BOUJEE

Post-Water Malone  
Pink Lamborghini  
Tropic Like It's Hot  
Berry Bomb

### FAVORITES

Blue Sour Patch  
Pink Flamingo  
Pink Starburst  
Beach Bum  
Tigers Blood  
Bomb Pop  
Blue Typhoon  
Cherry Pineapple  
Skittles

### SEMI-SWEET

Peach Wave  
Lemon Berry  
Dragonfruit  
Lemonade  
Miami Sunrise

Hours: Mon-Fri 7A-6P, Sat 8A-5P, Sun 9A-3P | Owners: Paul & Heather Merz | Follow Us @OldeTowneNutrition

# Shakes

\$8/12

200-250 Calories • 24+ G Protein

21 Vitamins & Minerals • Gluten Free List Available

## BREAKFAST

Blueberry Muffin  
Banana Bread  
Cinnamon Roll  
Brown Sugar Pop Tart  
Captain Crunch  
Cinnamon Toast Crunch  
Lucky Charms  
PB & Jelly  
Maple Donut

## CAFE

Hazelnut Latte  
Vanilla Latte  
Chocolate Chip Frappe  
Caramel Latte  
Turtle Frappe



## CANDY

Andes Mint  
Butterfinger  
Reese's  
Snickers  
Twix  
Chocolate Covered Almond

## COOKIES

Chocolate Chip Cookie Dough  
Frosted Animal Cookie  
Peanut Butter Cookie  
Nutter Butter  
Oreo  
Monster Cookie  
Thin Mint  
Sugar Cookie  
S'mores

## CAKES

Birthday Cake  
Lemon Pound Cake  
Coffee Cake  
German Chocolate  
Wedding Cake  
Brownie Batter  
Rice Krispy Treat  
Key Lime Pie  
Turtle Cheesecake  
Strawberry Cheesecake

## FRUIT

Strawberry Banana  
Banana Split  
Orange Creamsicle  
Beach Sunrise  
Chocolate Covered Strawberry  
Chocolate Covered Banana

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